

- Pain or limb dysfunction - **various organ system** involvement
- **Musculoskeletal pain** - common in children (4-30% otherwise healthy kids)

- **Arthritis** - small proportion:
108,5/100000 children under 16
(transitory conditions in most cases,
duration shorter than 6 weeks)
- **Chronic (idiopathic) arthritis** (over
6 weeks duration):
5,3 - 19,6/100000 dětí

Differential diagnosis of musculoskeletal pain

Avascular necrosis and degenerative conditions:

Perthes, osteochondritis, chondromalacia patellae, hypermobility

Reactive arthritis: post:-streptococcal, -enteritic, -viral

Trauma, non-accidental injury

Hematological diseases: hemoblastosis, hemofilia, lymphoma

Rachitis, other metabolic disorders and endocrinopathies

Infections: septic arthritis, osteomyelitis

Tumors: cartilage, bone, muscle, synovium, blood vessels

Idiopathic pain: localised, generalised

Systemic connective tissue diseases: SLE, vasculitis, dermatomyositis, scleroderma

Rheumatic disease manifestation in orofacial region

- **Juvenile arthritis**
 - TMJ involvement
- **Systemic connective tissue diseases**
 - Mucosal changes
 - Salivary gland involvement
 - Dentition disorders
 - Neuropathies/palsy
- **Other inflammatory diseases**
 - Aseptic osteomyelitis (CRMO)

Rheumatic diseases in children- epidemiology

| | Incidence | Prevalence |
|----------------|---------------------|----------------------|
| JIA | 5,3 - 19,6 | minim. 1/1000 |
| JSLE | 0,5 - 0,6 | 10% new dg. |
| JDM/JPM | 0,2 - 0,5 (0,15) | |
| SS | 0,45 - 1,2 total. | ? |
| | 1,0-9,0% do 20 let | |
| HSP | 13,5 | ? |
| KD | 5,95 - 7,6 do 5 let | ? |

JUVENILE IDIOPATHIC ARTHRITIS:

Diagnosis per exclusionem

Classification of Juvenile Idiopathic Arthritis

2nd revision-Edmonton 2001

Definition: Arthritis of unknown origin affecting a person younger than 16 years of age of minimum 6 weeks duration in at least one joint

JIA classification

Clinical features during first 6 months

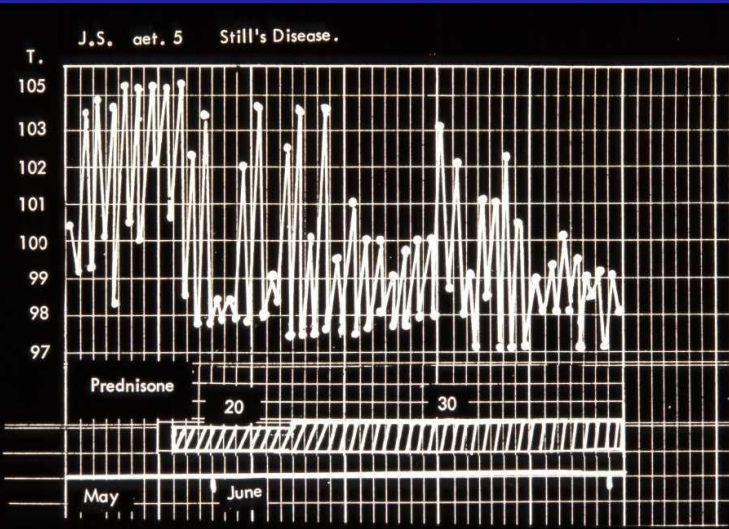
Criteria, descriptors, exclusions

1. Systemic arthritis
2. Polyarthritis IgM RF-
3. Polyarthritis IgM RF+
4. Oligoarthritis: persistent, extended
5. Arthritis with enthesitis
6. Psoriatic arthritis
7. Other arthritis

Definition and classification: sJIA

Petty et al, 1998

- **Arthritis** with or preceded by daily **fever** of at least 2 weeks' duration (documented as quotidian for minimum 3 days) accompanied with one or more of:



-Evanescent, non-fixed erythematous **rash**



- Generalised **LNpathy**
- **Hepato or splenomegaly**
- **Serositis**

Complications: osteoporosis



Ca and Vitamin D3 supplementation

- calcitonin, bisphosphonates (oral alendronate, i.v. pamidronate) Noguera et al 2003, Steelman and Zeitler 2003

sJIA disease course and outcome

- **3 clinical subtypes**
 - Monocyclic (11%)
 - Intermittent (34%)
 - Persistent (55%) Lomater et al 2000
- **Active disease** after >10 years follow-up in 23-58% of sJIA patients
- 81 adults with JIA, med 21 years duration: 39% active disease, significantly higher **HAQ** and lower **SF-36** than controls Foster et al 2003
- **Mortality** all JRA: <0.29% (0.08% standardised death rate USA), 2/3 sJRA Wallace and Levinson 1991

Oligoarticular JIA



- No affected joints < 5
- Frequency: 60-75% all JIA
- Subgroups: Type I- early (toddlers and preschool)
- Type II- late (prepubertal)

Clinical picture

- Onset 2-3 years, girls predominate
- Knee, ankle
- Limp, stiffness, swelling, flexion deformity
- Lab often normal
- Fever and general symptoms – careful differential dg
 - Malignancies (leukemia, neuroblastoma)
 - Infections, other systemic diseases
- CAVE: ANA
 - eyes
 - psoriasis
 - local growth disturbances

Prognosis

- Excellent if treated early and appropriately
- Chronic uveitis – limits favourable prognosis
- Therapy:
 - Intraarticular corticosteroid, PT, NSA
 - (MTX)

Polyarthritis RF negative



More than 4 affected joints
during initial 6 mo

↑ nonspecific inflammation

Often foot, wrist, hip
involvement – negative
prognostic factor

- Therapy: Methotrexate 15 mg/m², NSA, local CS, unusually systemic CS

Polyarthritits RF positive



- 1-2% JIA
- Often adolescent girls
- Similar to adult RA
- Rapidly progressive destruction, symmetrical small joint disease



Psoriatic arthritis

- Artritida + psoriasis or arthritis + nail pitting/psoriasis in 1st degree relative/dactylitis (2 of 3)



Arthritis with enthesitis

- „Enthesis“ = insertion of tendon or ligament into bone
- Plantar, Achilles tendon, knee, pelvis
- Lower extremities, SI
- Often HLA B-27, enteropathogen-triggered
- Exclude IBD
- Therapy: local CS, Salazopyrin, (MTX, Enbrel)





Acute anterior uveitis (iritidocyclitis)

TMJ involvement in JIA

- Frequent in JIA, mainly polyarticular type
- Often asymmetrical, often asymptomatic
- Functional limitation
 - Mandible deviation due to muscle spasm at involved side
 - Mouth opening reduction
- Growth changes
 - „Bird-like“ facial appearance
- Plastic surgery available after growth ends

Juvenile idiopathic inflammatory myopathies

Epidemiology

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Classification

(Rider a Miller, 1997)

IIM = **I**diopathic **I**nflammatory **M**ypopathies:
Chronic striated muscle inflammation of
unknown origin

JDM: 85% **JPM**: 8%

DG criteria JDM/JPM

(Bohan a Peter, 1975)



Charakteristické kožní projevy

Symetrická proximální svalová slabost *

Svalové enzymy

EMG změny

Histopatologie **

| | JDM | JPM |
|---|-----|-----|
| Charakteristické kožní projevy | + | - |
| Symetrická proximální svalová slabost * | + | + |
| Svalové enzymy | + | + |
| EMG změny | + | + |
| Histopatologie ** | + | + |

+

-

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+

+

+

+

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+

* za vyloučení jiných onemocnění ** odlišná u JDM a JPM

Henoch-Schönlein purpura



Kawasaki disease

- **Fever** (100%)
 - >5 days
- **A: Conjunctivitis** (85%)
 - Bilat., bulbar, non-exsudative
- **B,C: Mucosal changes** (90%)
 - Red lips, strawberry tongue, oropharyngeal erythema
- **D: Lymphadenopathy** (70%)
 - Cervical, acute, non-suppurative, >1,5 cm
- **E: Rash** (80%)
 - Polymorphous
- **F,G: Extremity changes** (70%)
 - Erythema palms and soles, edema, peeling



Kawasaki disease

Wegener's granulomatosis



SLE - DG CRITERIA (ACR)

- Malar rash
- Discoid lupus
- Mucocutaneous ulcerations
- Non-erosive arthritis
- Nephritis
- Encephalopathy
- Pleuritis or pericarditis
- Cytopenia
- Positive immune serology
- Positive ANA